

STUDIO RATES

Group Mat Classes (Yoga Classes, [Pilates Mat Classes](#), Pilates Ball Classes)

	Cost per class	Total	Terms
Trial Class	\$10		New clients only
Single Mat Class (Drop-in rate)	\$20		
10 Mat Classes Series Card	\$15	\$150	Valid for 3 months
Mat/Tower Package 5 Mat/5 Towers <i>(only with instructor's approval)</i>	\$15/mat \$25/Tower	\$200	Valid for 3 months, NON-REFUNDABLE & NON- EXTENDABLE
Unlimited Monthly Pilates Mat and Yoga Classes Card		\$170	Non-transferable, Valid for 1 month
Unlimited Three-Month Pilates Mat and Yoga Classes Package		\$475	Non-transferable, Valid for 3 months

Private and Semi-private Instruction (Pilates & Yoga)

	Cost per class	Total	Terms
Single Private Class (Drop-in rate)	\$75		
10 Private Pilates Sessions (NEW CLIENT SPECIAL)	\$55	\$550	Valid for 3 months
10 Private Sessions Card	\$65	\$650	Valid for 3 months
Single Duet Session (Drop-in rate)	\$55 (per client)		
10 Duet Sessions Card	\$45	\$450	Valid for 3 months

Pilates Tower Classes

Pilates Tower classes offer small groups the chance to work with Pilates apparatuses in a semi private fashion. These classes require some basic knowledge of Pilates - having done Pilates mat or having received private Pilates instruction. So if you have not had either, **Tower Starter Package offers the best, the safest and most effective way to start your Pilates Tower experience!**

Single Pilates Tower Class (Drop-in rate)		\$30	
Tower Starter Package	\$400		Includes 3 Private Sessions & 7 Tower classes
10 Pilates Tower Sessions Card	\$25	\$250	Valid for 2 Months

Massage

Single Hour of Massage	\$100		
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Discounted Rates
 (We offer special discounts to students, dancers and those over 60 years young)

	Cost per class	Total	Terms
Single Mat Class (Drop-in rate)	\$15		
10 Mat Classes Series Card	\$12.50	\$125	Valid for 2 months
Unlimited Monthly Mat Classes Card		\$150	Non-transferable, Valid for 1 month
Unlimited Three-Month Mat Classes Package		\$425	Non-transferable, Valid for 3 months

Gift Certificates			
1 Private Session	\$55	1 Group Class	\$15
3 Private Sessions	\$165	3 Group Classes	\$45
5 Private Sessions	\$275	5 Group Classes	\$75
10 Private Sessions	\$550	10 Group Classes	\$150